MODULE 3. Professional School Counselling

The ASCA Model

- A. The ASCA Model Areas
- B. School Counselors at Various Levels

Elementary School Counselling

- A. Emphases and Roles
- B. Activities
- C. Prevention

Middle School Counselling

- A. Emphases and Roles
- B. Activities
- C. Prevention

Secondary School Counselling

- A. Emphases and Roles
- B. Activities
- C. Prevention

MODULE: 4 College Counselling and Student-Life Services

The Beginning of Student-Life-Services and College Counselling

The Theoretical Bases and Professional Preparation for Working With

College Students

- A. Theoretical Bases
- B. Professional Preparation

College Counseling

- A. Emphases and Roles
- B. Activities

Counselling and Student-Life Services with First-Year, Graduate Students

And Nontraditional Students

- A. First-Year Students
- B. Graduate Students
- C. Older Students
- D. First-Generation Students
- E. Student Athletes

(Note: Question papers as per pre-revised syllabi will be set at the examination to be held in October, 2020 and April, 2021 for the benefit of repeater students.)

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Semester-VI Course Code: DSE - E -213

- i. Paper XIV
- ii. Title of paper : DEVELOPMENTAL PSYCHOLOGY

iii. Specific objectives:

- 1. To acquaint the students with processes of change and stability through about the life span development.
- 2. To introduce students the process of birth.
- 3. To acquaint the students with emotions, self development of Infancy and intellectual development of childhood.
- 4. To recognize students with Identity, relationship and problems of Adolescents.
- 5. To introduce students with career, health and personality development of Adulthood.

iv.	Module	No. of Credits
	Module I: An Introduction to Lifespan Development	01
	Module II: Infancy and Childhood	01
	Module III: Adolescence	01
	Module IV: Adulthood	01

V. Recommended reading

a) Book for Study:

Feldman Robert S. & Babu Nandita (2018). *Development Across the Lifespan* (8th edition) Noida (UP): Pearson India Education Services Pvt. ISBN 978-93-528-6576-5

b) Books for Reference:

- Hurlock E. B. (2001). Developmental Psychology: A Life Span Approach, New Delhi: TMH Publishing Company Ltd.
- Papalia, Diane E., and Olds Sally Wendkas (2002). Human Development, 7th edition, Second print, New Delhi: Tata McGraw Hill Publishing Co. Ltd.
- Santrock, J. W. (2011). Life Span Development, Thirteenth edition, New Delhi: McGraw Hill Education (India) Pvt. Ltd.
- Borude, Kumthekar, Desai, Golvilkar (2013). Vaikasik Manasshatra, dusariaavrutti, Pune: Vidyarthi GruhaPrakashan.

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PAPER- XIV: DEVELOPMENTAL PSYCHOLOGY DSE – E- 213

Module 1: An Introduction to Lifespan Development

An orientation of life span development

- A. Defining Lifespan Development
- B. The scope of the field of lifespan development

Research Methods

- A. Experiments: Determining Cause and Effect
- B. Measuring Developmental Change

Earliest Development

- A. Genes and Chromosomes: The Code of Life
- B. Multiple Births: Two- or More- for the Genetic Price of life
- C. Boy or Girl? Establishing the sex of the Child

Prenatal Growth and Change

- A. Fertilization: The moment of Conception
- B. The Stages of the Prenatal Period: The Onset of Development
- C. Pregnancy Problems

Module 2: Infancy and Childhood

Developing the Roots of Sociability

- A. Emotions in Infancy: Do Infants Experience Emotional Highs and Lows?
- B. Stranger Anxiety and Separation Anxiety: It's Only Natural
- C. Social Referencing: Feeling What Others Feel

Intellectual Development

- A. Piagetian Approaches to Cognitive Development
- B. Information Processing in Middle Childhood
- C. Vygotsky's Approach to Cognitive Development

The Developing Self

- A. Psychosocial Development in Middle Development
- B. Self-esteem: Developing a Positive or Negative View of the Self